

Motueka to Riwaka

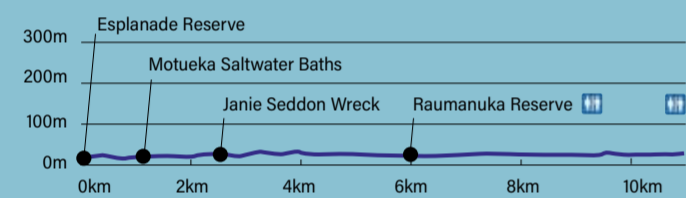
Grade 2 | 0.5 to 1 hour | 11 km

Start: 1km south of central Motueka on Old Wharf Road.

Taste: Spectacular coastal scenery, estuary and sea birds including the majestic Kotuku; Raumanuka Reserve; Riwaka village for cafes; Hop Federation brewery is a few hundred metres back along the main road in Riwaka off the cycle trail.



Motueka to Riwaka | Profile Map



Riwaka to Kaiteriteri

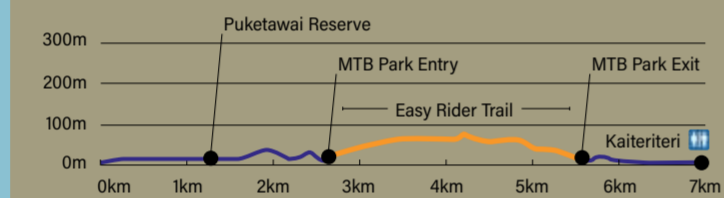
Grade 2-3 | 0.5 to 1 hour | 7 km

Start: Riwaka Domain.

Taste: Apple and kiwifruit orchards; hop gardens; Riwaka River suspension bridge; spectacular coastal views; Kaiteriteri Mountain Bike Park (Easy Rider); Kaiteriteri beach, recreation reserve and café.



Riwaka to Kaiteriteri | Profile Map



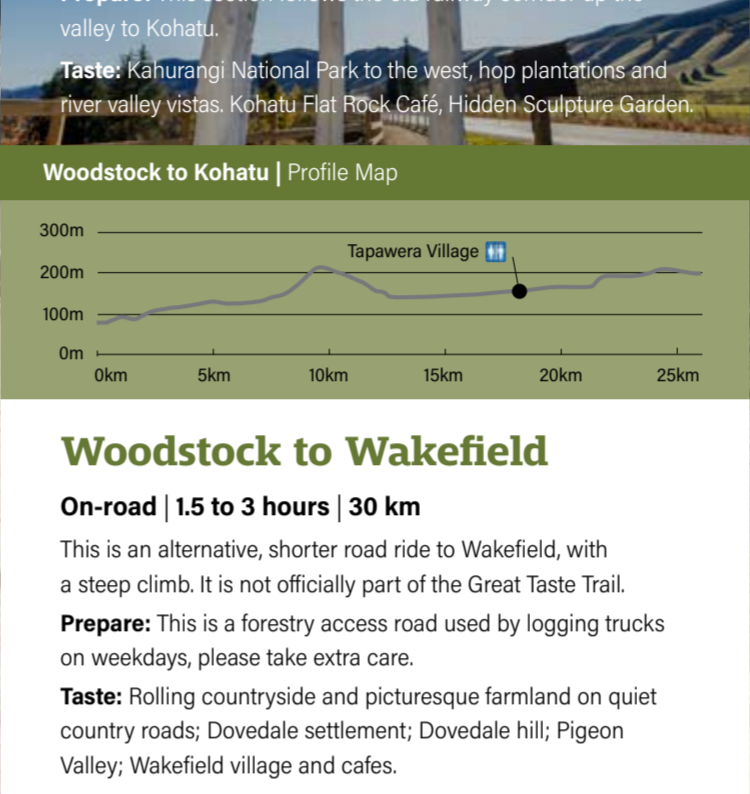
Riwaka to Woodstock

On-road | 1.5 to 3 hours | 32 km

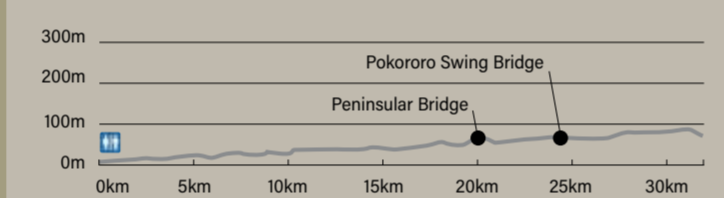
Start: Factory Road. Follow the signs to West Bank Road.

Prepare: We recommend taking your refreshments with you for this mainly rural section.

Taste: Beautiful scenery, orchards, hop gardens, farmland and native bush on quiet back-roads, between the Motueka River and the eastern boundary of Kahurangi National Park; Picturesque swimming and picnic spots.



Riwaka to Woodstock | Profile Map



Woodstock to Tapawera

On-road | 1 to 1.5 hours | 18 km

Prepare: This section is on the Motueka Valley Highway, following the Motueka River. Traffic can be busy, especially in summer. Please take care and keep left at all times.

Taste: Hill climbs; Country views; hop farms; Tapawera village and cafes, Railway Museum; War History Museum.

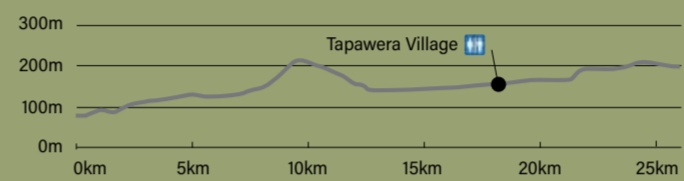
Tapawera to Kohatu

Grade 1 | 0.5 to 1 hour | 8 km

Prepare: This section follows the old railway corridor up the valley to Kohatu.

Taste: Kahurangi National Park to the west, hop plantations and river valley vistas. Kohatu Flat Rock Café, Hidden Sculpture Garden.

Woodstock to Kohatu | Profile Map



Woodstock to Wakefield

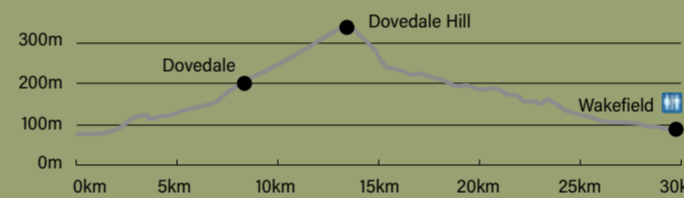
On-road | 1.5 to 3 hours | 30 km

This is an alternative, shorter road ride to Wakefield, with a steep climb. It is not officially part of the Great Taste Trail.

Prepare: This is a forestry access road used by logging trucks on weekdays, please take extra care.

Taste: Rolling countryside and picturesque farmland on quiet country roads; Dovedale settlement; Dovedale hill; Pigeon Valley; Wakefield village and cafes.

Woodstock to Wakefield | Profile Map



Kohatu to Wakefield

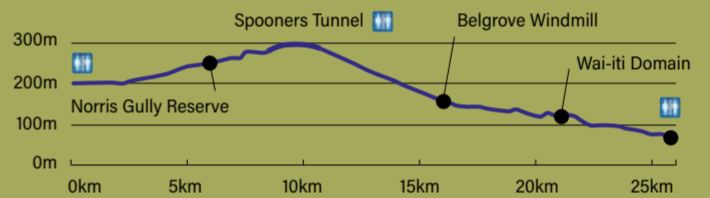
Grade 2 | 1.5 to 3 hours | 26 km

Prepare: Spooners Tunnel is dark and chilly, so bring lights and an extra layer.

Taste: Norris Gully Reserve; Spooners Tunnel; Belgrove and the historic railway windmill, Wai-ti River and native bush; Ewings free-range poultry farm; Wakefield village.



Kohatu to Wakefield | Profile Map



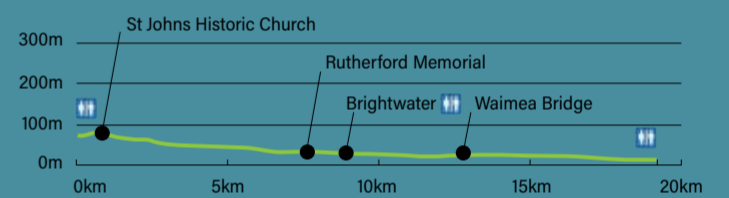
Wakefield to Richmond

Grade 1 | 1 to 2 hours | 19 km

Taste: St John's Church; Native bush and rolling farmland; Lord Rutherford Memorial; Brightwater village for cafes, local pottery and crafts; Waimea River and suspension bridge; vineyards and wineries; Richmond township. This section has several wineries near the trail.



Wakefield to Richmond | Profile Map



Tasman's Great Taste Trail

TRAIL GRADE KEY

- Grade 1, Easiest
- Grade 2, Easy
- Grade 3, Moderate
- On Road

Approximate riding times exclude stops. The trail can be ridden in either direction

Official Map



Nelson to Richmond

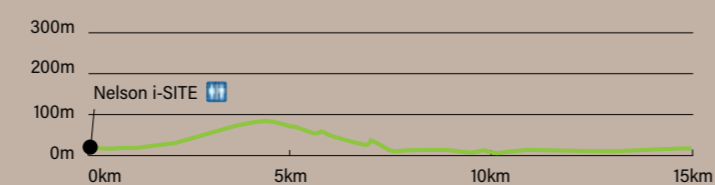
Grade 1 | 1 to 1.5 hours | 15 km

Start: Nelson i-site on Halifax Street

Taste: World of Wearable Arts and Classic Cars Museum; The Honest Lawyer; McCashin's Brewery; Pomeroy's Coffee Roastery Café; Pic's Peanut Butter World; Waimea Inlet.



Nelson to Richmond | Profile Map



Richmond to Mapua Ferry

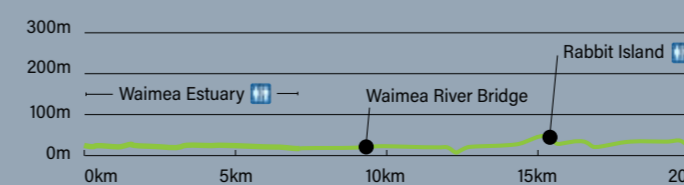
Grade 1 | 1 to 2 hours | 20 km

Start: Access the trail from Beach Road, or the west end of Champion Road near the ASB Aquatic Centre car park.

Taste: Coastal trail and board walks around the Waimea Inlet, home to many wading and sea birds; Waimea River suspension bridge; Rabbit Island; Mapua Ferry (times are sign posted) across to Mapua Wharf precinct for food or shopping.



Richmond to Mapua Ferry | Profile Map



Mapua to Motueka

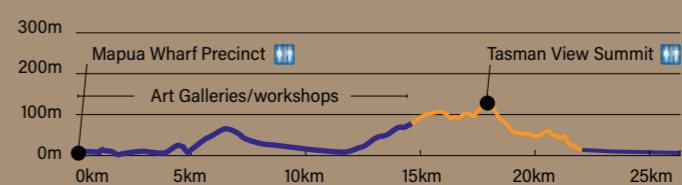
Grade 2-3 | 1.5 to 2.5 hours | 26 km

Start: Mapua Wharf

Taste: Apple orchards; hop gardens and vineyards; working artist studios and galleries; Jester House; Tasman village; 360° views of Tasman Bay and the Arthur Range; Riverside Community settlement and café; Toad Hall café and brewery; Motueka township.



Mapua to Motueka | Profile Map



www.heartofbiking.org.nz

GREAT TASTE TRAIL



DISTANCE KEY

- Nelson - Mapua 33 kms
Estimated riding time: 2 - 3 hours
 - Mapua - Motueka 26 kms
Estimated riding time: 2.5 - 3.5 hours
 - Motueka - Kaiteriteri 16 kms
Estimated riding time: 1.5 - 2.5 hours
 - Riwaka - Woodstock 31 kms
Estimated riding time: 2 - 3 hours
 - Woodstock - Kohatu 26 kms
Estimated riding time: 1.5 - 2.5 hours
 - Kohatu - Wakefield 26 kms
Estimated riding time: 2.5 - 3 hours
 - Wakefield - Richmond 19 kms
Estimated riding time: 1 - 2 hours
 - Richmond - Nelson 14 kms
Estimated riding time: 1 - 2 hours
- Times do not include rest stops

LEGEND

- Great Taste Trail
- Great Taste Trail, on road
- Alternative route, on road
- Alternative route

- Toilets
- Mapua Ferry
- Accommodation
- Parking
- Food
- Little/No Cell Coverage
- E-Bike Charging Station
- Information

- Activities & Attractions
- Accommodation
- Bike Hire Tours
- Bike Shop & Services
- Cafés & Eateries
- Wineries & Breweries

What to take

- Practical clothing suitable for the season and weather forecast
- Small backpack
- Bike helmet
- Bike pump, spare tube, tools
- Torch for Spooners Tunnel
- Snacks and water bottle
- Sunscreen, sun hat, sunglasses
- Warm top/spare layer

www.heartofbiking.org.nz

Riding the Great Taste Trail

Taste the extraordinary diversity of Nelson Tasman's towns, orchards, farms and vineyards, sparkling coastlines, rivers and hill valleys. Enjoy spectacular views, sample local food, wine or brews, spot wading and sea birds, and meet friendly locals.

The Great Taste Trail can be ridden all year round, and in either direction.

With many access points, you can choose a section and head out for a couple of hours, take the whole day, or enjoy a multi-day biking adventure.

Coastal sections are mostly flat, easy riding. There are a few more challenging grade 3 sections in the hill valleys.

Be sure to allow plenty of time to stop and enjoy the views, indulge in the eateries, and explore the nooks and crannies along the trail.

Ten trail sections are detailed on the reverse. See trail grade, ride times, gradient maps and trail 'tastes' to help you create your own adventure. Ride times do not include stops. Be sure to allow plenty of time to stop and enjoy the views, indulge in the eateries, and explore the nooks and crannies along the trail.

If you prefer, you can join a tour, or have someone tailor the adventure for you, arrange pick-ups, bike hire, food, accommodation and guides.



Official Partners

ACTIVITIES & ATTRACTIONS

- 209 Mapua Ferry**
Mapua Wharf, Mapua
mapuaferry.co.nz | 03 548 0093
- 403 McGlashen Pottery**
128 Ellis Street, Brightwater
roycemcglashen.co.nz | 03 542 3585
- 222 JointWorks Studio**
413 Aporo Road, Upper Moutere
jointworks.co.nz | 03 526 6171
- 20 Pic's Peanut Butter World**
49 Saxton Road West, Stoke
picspeanutbutter.com | 03 5448402

ACCOMMODATION

- 201 Accent House**
148 Aranui Road, Mapua
accentbnb.co.nz | 03 540 3442
- 116 Appleby House & Rabbit Island Huts**
37 Halifax Street and Mapua Wharf and Kaiteriteri
applebyhouse.co.nz | 027 663 2639
- 325 Bethany Park Christian Camp**
88 Martin Farm Road, Kaiteriteri
bethanypark.co.nz | 03 527 8014
- 326 Abel Tasman Estate**
2048 Westbank Road, Motueka Valley
03 526 8186
- 341 Cherry Homestead**
1684 Westbank Road, Motueka Valley
cherryhomesteadnz | 0277635871
- 203 The Gates Accommodation**
197 Seaton Valley Road, Mapua
thegates.co.nz | 03 540 2793
- 36 Grand Mercure Nelson Monaco**
6 Point Road, Monaco, Nelson
monacoresort.co.nz | 03 546 0797
- 10 Greens Motel**
36 Golf Haven Ways, Annesbrook
greensmotel.co.nz | 03 546 4341
- 308 Kimi Ora**
99 Martin Farm Road, Kaiteriteri
kimirora.com | 03 527 8027
- 230 Mapua4South Holiday Accom.**
55 Aranui Road, Mapua
mapua4south.com | 03 540 2109
- 312 Motueka Top 10 Holiday Park**
10 Fearon Street, Motueka
motuekatop10.co.nz | 03 528 7189
- 16 Nelson City Top 10 Holiday Park**
230 Vanguard Street, Nelson
nelsoncitytop10.co.nz | 0800 778 898
- 104 Parkside Motel**
42 Gladstone Road, Richmond
parksidemotel.co.nz | 03 544 2264
- 25 Rutherford Hotel Nelson**
27 Nile Street West, Nelson
heritagehotels.co.nz/nelson | 03 548 2299
- 236 Tasman Village Cottage**
20 Baldwin Road, Upper Moutere
tasmanvillagecottage.co.nz | 03 929 5652
- 27 Tahuna Beach Holiday Park & Motels**
70 Beach Road, Tahunanui
tahunabeach.co.nz | 03 548 5159
- 31 Tasman Bay Backpackers**
10 Weka Street, Nelson
tasmanbaybackpackers.co.nz | 0800 222 572
- 210 Mapua Leisure Park**
33 Toru Street, Mapua
mapualeisurepark.co.nz | 03 540 2666
- 30 Trailways Hotel**
66 Trafalgar Street, Nelson
trailwayshotel.co.nz | 0800 872 459
- 19 Palms Motel**
5 Paru Paru Road, Nelson
palmsnelson.co.nz | 03 546 7770
- 307 Kaiteriteri Recreation Reserve**
5 Kaiteriteri-Sandy Bay Road, Kaiteriteri
experiencekaiteriteri.co.nz | 03 527 8010
- 240 Tasman View Accommodation**
903 Tasman View Rd, Lower Moutere
tasmanview.co.nz | 021 119 2239
- 422 Canine and Equine Retreat**
178 Wakefield-Kohatu Highway, Wakefield
canineretreat.co.nz | 027 891 1471
- 421 The Wakefield Hotel**
48 Edward Street, Wakefield
thewakefieldhotel.co.nz | 03 541 8006
- 330 Eden's Edge Lodge**
137 Lodder Lane, Riwaka
edensedge.co.nz | 03 528 4242
- 426 Last Straw Cottage**
370 Mt Heslington Rd, Brightwater
laststraw.co.nz | 021 344 000
- 402 The Pear Orchard Lodge**
569 Hill Street South, Hope, Richmond
thepearorchard.co.nz | 03 544 5361

BIKE HIRE & TOURS

- 333 Destination Tasman**
25 Jocelyn Avenue, Motueka
destinationtasman.co.nz | 021 0876 7992
- 117 Kiwi Journeys**
37 Halifax St East, Nelson; Mapua Wharf, Kaiteriteri
kiwijourneys.co.nz | 0800 292 538
- 604 Tuatara Tours NZ**
tuataratours.co.nz | 0800 377 378
- 17 Nelson Cycle Hire**
Airport House, Nelson Airport
nelsoncyclehire.co.nz | 03 539 4193

BIKE SHOP & OTHER SERVICES

- 5 Biking Nelson**
YHA, 59 Rutherford St, Nelson
bikingnelson.co.nz | 0800 224 532
- 28 The Gentle Cycling Company**
411 Nayland Road, Upper Moutere
gentlecycling.co.nz | 03 929 5652
- 220 Wheelie Fantastic Cycle Tours**
151 Aranui Road, Mapua
wheeliefantastic.co.nz | 03 543 2245
- 26 Simply Wild Journeys**
simplywild.co.nz | 03 548 8500
- 322 Wilsons Abel Tasman**
409 High Street, Motueka; Inlet Road, Kaiteriteri
abeltasman.co.nz | 03 528 2027
- 37 Helibike Nelson Ltd**
170 Washington Street, Nelson
helibikenelson.co.nz | 03 546 6896
- 602 South Island Tours NZ**
65 Willowside Place, North Canterbury
southislandtoursnz.co.nz | 027 435 1955
- 99 Gravity Nelson**
140 Bridge Street, Nelson
gravitynelson.co.nz | 03 545 8484
- 413 Ellis Street Auto Repairs**
104A Ellis Street, Brightwater
ellisauto.co.nz | 03 542 4035
- 38 Nelson Car Storage**
30C Venice Place, Stoke
storagenelson.co.nz | 027 407 2074
- 11 Village Cycles**
301 Queen Street, Richmond
villagecycles.co.nz | 03 544 7166
- 44 Hybrid E-bikes**
12 Woolshed Dr, Stoke
hybridbikes.co.nz | 027 544 3213
- 114 My Ride Richmond**
203 Queen Street, Richmond
myride.co.nz/richmond | 03 544 5429
- 2 Findex NZ Ltd**
P O Box 10, Nelson, 7040
findex.co.nz | 03 546 0162
- 608 Great Rides App**
greatridesapp.com | 027 2488 961
- 215 Riverside Community**
289 Main Road Lower Moutere
riverside-cafe.co.nz | 03 526 7477
- 318 Toad Hall**
502 High Street, Motueka
toadhallmotueka.co.nz | 03 528 6456
- 229 Jellyfish Restaurant and Bar**
Shed 1, Mapua Wharf, Mapua
jellyfishmapua.co.nz | 03 540 2028
- 233 Java Hut**
84B Aranui Road, Mapua | javahut.co.nz
- 211 Mapua Smokehouse**
Shed 2, Mapua Wharf, Mapua
smokehouse.co.nz | 03 540 2280
- 303 Ginger Dynamite Go-Go Food & Coffee**
488 Main Road, Riwaka | 021 168 8736
gingerdynamite.co.nz
- 401 HQ Café**
38 Ellis Street, Brightwater
facebook.com/HeadquartersCafeBar
03 542 3850
- 28 The Honest Lawyer**
1 Print Road, Monaco
honestlawyer.co.nz | 03 547 4070
- 215 The Appleshed Kitchen and Bar**
Shed 3, Mapua Wharf
theappleshed.co.nz | 03 540 3381
- 425 The Villa, Wakefield**
14 Whitby Way, Wakefield
dailyexchange.co.nz | 03 541 8531
- 414 The Bakery @ Wakefield**
12 Clifford Rd, Wakefield
03 541 9787
- 103 Greenacres Golf Club and Cafe**
4 Barnett Ave, Best Island
greenacresgolfclub.co.nz | 03 544 8420

WINERIES & BREWERIES

- 11 McCashins Brewery & Café**
660 Main Road, Stoke
mccashins.co.nz | 03 547 5357
- 109 Sprig & Fern**
53 Beach Rd, Richmond
sprigandfern.co.nz | 03 544 8675
- 306 HOP Federation**
483 Main Road, Riwaka
hopfederation.co.nz | 03 528 0486
- 112 Selfried Estate**
168 Redwood Road, Appleby
selfried.co.nz | 03 544 5599
- 605 Dunbar Estates**
1469 Motueka Valley Hwy, Ngatimoti
dunbarestates.co.nz | 0275 008 400